

Pre-Operative Instructions



Foothill Oral Surgery Center

Please read and follow these instructions carefully if you are scheduled to have **General Anesthesia or IV Sedation**. Your inability to follow these instructions may cause your surgery to be cancelled. If you have any questions, please do not hesitate to call us at (949) 470-3672.

1. **Do Not** eat or drink fluids (including water) 8 hours prior to your appointment.
2. An adult, who will take responsibility for your transport (to and from) the office must accompany you and remain with you for a minimum of 6 hours after the procedure. This adult must remain in the vicinity throughout the procedure. For your convenience, we can fill your prescriptions in our office. Minor children must be accompanied by a parent or legal guardian.
3. Wear a short-sleeved shirt, comfortable clothing, and flat shoes. Please remove all jewelry, nail polish, facial piercing, contact lens, and dental prosthesis.
4. 2 hours before your surgical appointment, take 600 mg. Ibuprofen (Advil, Motrin, or store brand), unless told not to for medical reasons. Take these with a small sip of water (or dry, if possible).
5. If you take any medications on a regular basis or have a heart murmur that requires and antibiotic prior to your procedure, please notify our staff before your surgical appointment.
6. Inform us immediately if you have a new onset cough, chest congestion, or fever. Your surgery may need to be rescheduled.

Oral Surgery Procedure Scheduled on:

Date: _____

Arrival Time: _____

We are happy that you have chosen **Dr. Michael K. Clark at Foothill Oral Surgery Center** for your oral surgery procedure and strive to take care of your needs to your satisfaction. Although we do our best not to run behind schedule, please remember that due to the nature of our profession this can occasionally happen. Anesthesia and/or a surgical procedure will not be rushed simply for the sake of staying on time. We will never compromise the wellbeing of our patients. We thank you for your understanding and look forward to seeing you soon.